

## Get sober today! Call 800.919.2066



## OUR FACILITIES

Maui Recovery provides a safe, secure setting for only eight men & women, just 750 feet from the crystal blue, warm waters of the Pacific Ocean. Maui is one of the top travel destinations in the world with comfortable island weather yearround where you will enjoy tropical breezes in shared or private rooms.

Knowing that this lifechanging decision to enter treatment can be difficult, we will hold your hand with care and compassion as you settle into the oasis of Maui Recovery.







www.mauirecovery.com

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## **OUR TREATMENT**

At Maui Recovery, we believe your recovery is possible through kindness, professionalism and evidenced-based treatment. Because addiction affects the mind, body and spirit, our licensed and experienced staff address all three elements through our research-based treatment modalities including many holistic therapies. Other problems, such as depression or anxiety, frequently co-occur with addiction, so we select and customize your treatment plan.

- 📌 12-Step Attendance
- Stroup and Individual Therapy
- ᢞ Spiritual consulting with Hawaiian Kahuna
- Psychoeducational classes
- Stress reduction classes and groups
- 📌 Relapse Prevention
- Sectional Interviewing (MI)
- ✓ Cognitive Behavioral Therapy (CBT)
- Board-Certified Physician
  Consultation & Treatment
- ✤ Dialectical Behavior Therapy (DBT)
- Somatic Therapy
- 📌 Mindfulness Meditation
- Service Service And Service Se

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## **OUR HOLISTIC ACTIVITIES**

Voted Conde Naste's number one island in the world for 20 consecutive years, Maui offers many options for our experiential program. The following activities are some of the options that we offer as you begin your healing:

Hiking • Yoga Zipline • Mindfulness Meditation Stand Up Paddle Boarding Physical Trainer



To embrace individuals and families by empowering their life-long transformation and recovery from addiction through healing and meaningful connection.



With deep respect for Hawaiian traditions and heritage, our Founder, Dr. Jay Serle, designed Maui Recovery and its Mission to provide a much needed resource for the women and men of Hawaii, the Mainland and other countries.